


Tahoma School District – Breakfast & Lunch Menus November 2020

Tahoma School District provides curbside meal services at Tahoma High School and Lake Wilderness Elementary School every day, Monday thru Friday. **Free meals are available to all children age 18 and younger.** **FREE** grab & go breakfast and lunches are served in take-out containers or paper lunch bags. All lunches include ½ cup fruit, ½ cup of veggies and milk. At Tahoma HS and at Lake Wilderness ES, meals are distributed 7:30 am – 8:30 am, and 11:30 am – 12:30 pm. All meals will be served cold. Please keep your child and family safe. Keep items refrigerated until you are ready to heat and serve them. Parents/Guardians may pick up both breakfast and lunch at the same time for their child(ren). At Glacier Park Elementary school, **FREE** breakfast and lunches are distributed to students enrolled in the Extended Enrichment Program upon request. Glacier Park ES is open on a first-come, first-serve basis to all children age 18 and younger of the community at large but meal services will be limited for reasons of space, security and safety at this school.

"This institution is an equal opportunity provider." *Menus are subject to change due to occasional food and supply shortages.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cereal Milk Fruit	French Toast Bites Milk Fruit	Mini Maple Pancakes Milk Fruit	Breakfast Pizza Bagel Milk Fruit	Blueberry Mini Waffles Milk Fruit
2	3	4	5	6
Chicken Nuggets or Cook's Choice	Cheeseburger or Cook's Choice	Hoagie Sandwich & Chips or Cook's Choice	BBQ Chicken Wrap Cook's Choice	Pizza or Cook's Choice
Cereal Milk Fruit	Pancake on a Stick Milk Fruit			Mini Cinnamon Rolls Milk Fruit
9	10	11	12	13
Garlic Cheese Toast or Cook's Choice	Chicken Burger Or Cook's Choice	Veterans Day No Meal Services Today	French Toast & Cheese Omelet or Cook's Choice	Pizza or Cook's Choice
Cereal Milk Fruit	French Toast Bites Milk Fruit	Mini Maple Pancakes Milk Fruit	Breakfast Pizza Bagel Milk Fruit	Blueberry Mini Waffles Milk Fruit
16	17	18	19	20
Chicken Nuggets or Cook's Choice	Cheeseburger or Cook's Choice	Baked Potato with Turkey Taco Meat or Cook's Choice	Hoagie Sandwich & Chips or Cook's Choice	Pinwheel Pizza or Cook's Choice
Cereal Milk Fruit	Pancake on a Stick Milk Fruit	Buttermilk Donut Bar Milk Fruit		
23	24	25	26	27
Chicken Nuggets or Cook's Choice	Chicken Burger or Cook's Choice	French Toast & Cheese Omelet or Cook's Choice	Thanksgiving Break No Meal Services Today	Thanksgiving Break No Meal Services Today
Cereal Milk Fruit				
30				
Garlic Cheese Toast or Cook's Choice			Free and Reduced Meal Application forms for school year 2020-2021 are available in your school's office, the food services office, on-line, and at curbside.	How to pay for school meals At curbside, staff accept cash and check payments for deposit into your child's account. We do not give change. Parents/Guardians may make online payments thru InTouch, or thru Skyward. https://www.tahomasd.us/   Skyward Online Payment